Impact Snapshot

January 2023 – March 2026

Our Mission and Vision

Parent Empowerment Network exists to support, encourage and educate parents and caregivers of children with medical complexities. We envision a world where parents raising a child with complex medical needs are embraced by a supportive community and well-equipped to be their child's best advocate.

Global Reach

65

Countries

Families and listeners connected worldwide

900+

Cities

Connected across the globe

17

Countries

Families directly supported by PEN

Families Supported

500+

Families supported

Provided with essential resources & deep emotional support

$0

Cost to families

All support and resources provided free of charge thanks to our generous donors

Empowered by Hope Podcast *Launched January 2023*

90+

Episodes

Providing regular insight, guidance, and encouragement

6,500+

Downloads

A growing global audience seeking shared lived experience

34

Guest voices

Bringing clinical expertise and real-world perspective together

Community & Social Impact

940

Facebook followers

760

Instagram followers

A growing community of families who support one another through shared lived experience

Resources for Medical Parents

37 **Trusted resources shared**
Vetted by medical parents, for medical parents

50+ **"She is Charlotte" books**
Gifted to parents PEN serves

Healthcare & Nonprofit Collaboration

12

Nonprofit partnerships

Working together to strengthen support for families

8

Children's hospitals

Collaborations and consultations to improve how healthcare systems support families

Big Impact Moments

Creating community for ultra-rare families — PEN successfully connected 20+ previously isolated families worldwide who share the exact same ultra-rare diagnosis in their children. This vital effort helped move the formal global research group from 1 known patient to 20+, enabling the development of far more informed future guidelines.

Expanding treatment pathways for rare conditions – PEN facilitated an international collaboration of leading pediatric urologists to directly educate North American families about global alternative, advanced treatment approaches for a rare medical condition broadening clinical options.

What Doctors Say

"What has been built in a few short years is nothing short of astounding. I reference parents to our (the PEN) website and (Empowered by Hope) podcast constantly. Because of PEN, I have somewhere to direct parents for support I know they need."
- Dr. Rick Rodriguez, *Neonatologist and Founding Board Member*

What Families Say

"My heart needs other moms that get it. I've been waiting for this for 7 years — and I'm excited to have found it."

— Sammie B., Iowa

The Heart of PEN

Guidance

A frightened parent finding a trusted direction

Connection

A family discovering they are truly not alone

Hope

A child gaining a strong future because their had support

PARENT EMPOWERMENT NETWORK

Supporting families raising children with medical complexities — worldwide.